CHULA VISTA, Calif. – USA Rugby is proud to announce the details for the 2013 Men's and Women's Eagles Residency Program.

"These are exciting times for USA Rugby because of our partnership with the United States Olympic Committee (USOC). The high performance facilities and experience they bring in supporting athletes for the Olympics is invaluable," said USA Rugby CEO Nigel Melville.

Thirty-two players have been selected to train full-time at the Olympic Training Center (OTC) in Chula Vista, CA. The athletes will be living off-site, but have full use of the high performance facilities, including recovery and analysis equipment, sports psychologists and dietitians.

"It's an amazing opportunity for rugby players in the United States. Having our athletes alongside Olympians from a variety of sports is fantastic for us as both our men's and women's programs move forward in developing our players," continued Melville.

The re-introduction of rugby into the Olympic Games for 2016 has fueled the launch of the inaugural Women's Sevens World Series. Following the first round of the tournament in Dubai this December, the USA are ranked 9th with three more tournaments in the series.

The residency program includes 16 female athletes, doubling the number of full-time athletes from last year, and creating a more suitable training environment for controlled scrimmages.

"We have several new players joining us this year: Lauren Doyle, Sadie Anderson, Vix Folayan, Ryan Carlyle and Jane Paar. This group brings us more speed and increased positional flexibility when making selections. This is great as it will make my job difficult, but very enjoyable," said Women's Sevens Head Coach Ric Suggitt.

Suggitt will be supported by the highly experienced duo of Nicole Titmas and Jared Seigmond.

“Both Nicole and Jared work in unison with strength and conditioning and also injury and injury prevention. They are a team that fully understands the rigors of daily training and preparing for international competitions, “ explained Suggitt.

The men’s program also sees 16 athletes in residence, with Luke Hume being the lone addition following the first 3 tournaments of the HSBC 7s World Series.

“We are pretty excited. Given the good mix of experience, youth, and athleticism, our athletes have the opportunity to be consistently high-achievers on the circuit,” said Men’s Sevens Head Coach Alex Magleby. “It’s a really fun group to work with. They are maturing on and off the field in so many ways and are showing that they really value the opportunity that USA Rugby and the USOC has provided us.”

The men’s team will welcome 15 additional athletes to the OTC next week in an extended camp and Magleby noted that “a couple of those athletes may work their way into the residency program in the lead up to the Rugby Sevens World Cup.”

Andy Katoa is the hard working team manager with the talented Brian Green in the physio role. Green comes from the Ireland Rugby setup where he worked since 2004.

Ryan Gallop and Alan Ozdamar, from EZIA Human Performance, are responsible for the team’s strength and conditioning. Both have an extensive rugby playing background, and have trained Eagles Todd Clever and Matt Hawkins, as well as Olympians, X Games Champions and athletes from all sports codes.

“Brian and Ryan are really connecting as they build a unified and comprehensive human performance element to our daily environment. Their resumes speak volumes and both are entrepreneurial and hungry to grow the program. Andy continues to connect the dots and make

it all work for the rest of us," Magleby said.

After 3 rounds on the HSBC 7s World Series the Men's Eagles are ranked 12th with six more tournaments in this year's competition.

The immediate attention, however, is on Wellington and Houston as both programs look to gain additional IRB points.

"We're excited for our supporters to follow the men's and women's Eagles as they take on countries from all over the world in the upcoming year," added Melville.

USA Women's Eagle Sevens | 2013 Athletes in Residence
Sadie Anderson
Bui Baravilala
Emilie Bydwell
Ryan Carlye
Katie Dowty
Lauren Doyle
Vix Folayan
Kelly Griffin
Hannah Lopez
Nathalie Marchino
Vanesha McGee
Deven Owsiany
Jane Paar
Jillion Potter
Christy Ringgenberg
Kimber Rozier

USA Women's Eagle Sevens | 2013 Staff
Ric Suggitt (Head Coach)
Nicole Titmas (Physio Therapist)
Jared Seigmund (Strength & Conditioning)
Richie Walker - (Specialist Coach)
Joanne Kos (Analysis/Assistant coach)

USA Women's Eagle Sevens | 2013 Schedule

Women's 7s World Series: Houston, USA | February 1-2
Women's 7s World Series: Guangzhou, China | March 30-31
Women's 7s World Series: Amsterdam, Netherlands | May 17-18
Sevens Rugby World Cup: Moscow, Russia | June 28-30

USA Men's Eagle Sevens | 2013 Athletes in Residence

Nate Augspurger
Andrew Durutalo
Nick Edwards
Tai Enosa
Jack Halalilo
Matt Hawkins
Colin Hawley
Luke Hume
Carlin Isles
Folau Niua
Blaine Scully
Shalom Suniula
Mike Teo
Zack Test
Brett Thompson
Maka Unufe

USA Men's Eagle Sevens | 2013 Staff

Alex Magleby (Head Coach)
Andy Katoa (Team Manager)
Brian Green (Physio Therapist)
Ryan Gallop & Alan Ozdamar from EZIA Human Performance (Strength & Conditioning)

USA Men's Eagle Sevens | 2013 Schedule

HSBC 7s World Series: Wellington, New Zealand | February 1-2
HSBC 7s World Series: Las Vegas, USA | February 8-10
HSBC 7s World Series: Hong Kong, China | March 22-24
HSBC 7s World Series: Tokyo, Japan | March 30-31
HSBC 7s World Series: Edinburgh, Scotland | May 4-5
HSBC 7s World Series: London, England | May 11-12
Sevens Rugby World Cup: Moscow, Russia | June 28-30

USA Rugby Support Staff
Yvonne Parkhurst (Team Services Manager)
Paul Goulding (Men's Video Analyst)

USOC Support Staff
John Crawley (High Performance Director)
Peter Haberl, Ed. D. (Senior Sport Psychologist)
Shawn Dolan (Sport Dietitian)
Richard Quincy (Associate Director, Sports Medicine Clinics) Peter Haberl (Senior Sport Psychologist)